Softskills training opportunities for Researchers at the University of Liège

2020-2021
The University of Liège formally committed with the principles of the *European Charter and Code of conduct for the recruitment of the researchers* and developed an HR strategy strongly embedded in the institutional strategic plan for providing and supporting a stimulating and favourable working environment for researchers. In 2011, ULiège received the award "HR excellence in research" from the EU Commission.

Therefore, its *Research Office* has developed various specific programmes to accompany ULiège researchers throughout their research career. Its offer is assessed every year and progresses to closer meet the researcher’s needs.
5 training programmes designed for ULiège researchers

From the end of the master degree to principal investigators
For master degree considering pursuing a PhD

For new PhD Candidates

For PhD Candidates

Boost your career!

For postdocs

Develop your skills!

For PhD Candidates, postdocs and supervisors
For who?

Inspired by the to the European Commission Research profiles descriptors.
Our trainers and partners

Library network
Interface
Professors and staff (Research office)
External professors and keynotes
Focus Research
Develop your skills!

#CareerDevelopment #SoftSkills #Networking
Transversal trainings provided by the Research Office

- 10 to 50 PhD candidates and researchers
- 7 topics
- More than 80 seminars
- 1h to 5 days, October to June
- In French and English
- In Liège and Gembloux
- Free for participants, not for us
How does it work?

- Look at the [catalogue](#) or recap web page
- Register online and block the date in your agenda
- You receive the confirmation
- Encode in MyULiège
- Fill in the evaluation (to receive the attendance certificate)
- Participate (or inform us if you cannot attend anymore: [doc-training@uliege.be](mailto:doc-training@uliege.be))
- The doctoral college gives you ECTS to valorise the activities.
Look at the catalogue or recap web page

### Catalogue de Formations Transversales pour les Chercheurs

**Training Guide for Researchers**

**2020-2021**

Why this training offer?

- Develop the transferables skills of researchers
- Boost their career development
- Give them opportunities of networking
- Regarding PhD Candidates: Control the duration of the doctorate and limit withdrawal
Any questions about:
• ECTS
• registration
• participation certificate
• ...

⇒ Check out the FAQ
www.recherche.uliege.be/formations-chercheurs/faq
Connect to research!

#CUPPD #PPPC #StartAResearchProject #PhDBound
“Preparatory PhD Project certificate”

• The curriculum helps the candidate to identify a research topic and to develop a suitable research proposal for third level studies.
• For who? Master considering pursuing a PhD
• 2x/year: in French and in English
• 3 months: transferable courses and work with a research team
• Build and defend your research project

Registration via an online form

More info: https://www.recherche.uliege.be/pppc
Why this training?

- To establish a strong foundation for a successful career in research
- To explore tools used in research
- To learn how to ask pertinent research questions
- To develop a strong presentation for your project defense
- To receive support from a team of experienced administrators, faculty members and research units
Programme

Interdisciplinary Modules
- 2 weeks
- Individual and transferable skills (project management, communication, research methods, information literacy)

Research unit Placement
- 10 weeks
- Work with a supervisor
- Writing of the doctoral project

Defense
- Final week
- 20 pages report
- 15 minutes presentation in front of a university jury
Phase I: Interdisciplinary Modules and Individual competencies

For the first two weeks, participants explore the various aspects of the doctoral programme and learn about the occupation of a researcher. Facilitated class sessions focus on acquiring the skills needed to successfully navigate the different stages of research, writing and publishing. In this first phase, participants will also begin to build a relationship within their host research unit under the guidance of their supervisor.

Phase II: research unit Placement

For the ensuing 10 weeks, participants will work closely with their supervisor in the host research unit to define, plan and write their doctoral project. During this time, they will complete research and put into practice the competencies acquired in Phase I, giving them hands on experience as a university researcher. Once the project has been perfected, students will present it in front of a university jury, giving them the opportunity to fine tune their research prior to formally applying for the PhD programme.
Take off in research!

#Let’sStartAPhD#ResearchProject#Tools&Network
“Let’s start a PhD”

• For who: future/new PhD-Candidates
• In English: 2 days (with a focus on international issues)
• In French: 3 days
• Twice a year (October and January)
• 20-50 participants

More info: https://www.recherche.uliege.be/start-a-phd-seminar

Brochure: www.recherche.uliege.be/brochure/start-a-phd
Why this training?

- Familiarize the candidate with the institution, relevant tools and resource persons
- Teach keys to a successful PhD (mobility programmes, funding opportunities, project management, scientific integrity, research and production of information…)
- Create a network of peers
- Develop their confidence as a doctoral candidate
Thematics covered in the 3 day session

- Round-tables: supervision, mobility and after thesis
- Human resources for PhD candidates
- Research and production of scientific information
- How to look for scientific information?
- Ethics in research
- Project management tools
- Efficient communication
Zen-thesis!

#RelaxedThesis#ResearchProject#Tools#ActiveThesis
Zen-thesis : a programme to remain motivated

- Designed for ULiège PhD candidate juggling research tasks such as data management, writing, and publications while building up your professional network and working with a team
- Max 12-15 participants
- Various thematic workshops

Contact : doc-training@uliege.be
Why this training?

Following the fast evolution of our society and science, the doctorate is an exigent training: training to research while doing research. PhD candidate are expected to be proactive, independent and assertive. The new “Zen-thesis” series explores several topics to help them remain motivated, focused and balanced throughout their thesis. They can pick the workshop that will add the needed keys to their trousseau.

During these workshops, they will:

- To learn how to boost their motivation and proactivity
- To co-construct strategies to remain focused on the final goal and manage stress throughout your doctoral journey
Programme 2020-2021

Zen en thèse : J’écris ma thèse au quotidien

Zen-en-thèse: Working and communicating with your PhD supervisor

Zen en thèse : Je gère le stress du doctorat

Zen en thèse : J'interagis efficacement avec mon superviseur (et mon comité de thèse)

Zen en thèse : Je reste motivé·e

Zen-Thesis : Interact in an intercultural scientific context

Zen-en-Thèse : j'interagis dans un contexte scientifique interculturel
Boost your career!

#HRS4R #Research #Leadership #CareerDevelopment
Professional Skills for Research Leaders programme

- Designed for independent postdoctoral researchers and early career academics (R2-R3 - EU research profiles)
- Max 12-15 participants
- 6 months : 5 online courses + 6 in person workshops
- October to March
- Personal portfolio developed through the online course.

More info: https://www.recherche.uliege.be/psrl
Contact: psrl@uliege.be
Brochure: www.recherche.uliege.be/brochure/psrl
Why this training?

- To expand your professional network
- To develop your research team
- To increase your funding and research budget
- To establish yourself as a recognised leader
Programme

5 Online courses

- 3 hours meeting once a month
- Courses thematics
  - Developing and consolidating your research career
  - Funding your research
  - Managing a research team
  - Research collaboration
  - Communicating your research

6 Workshops

Follow up and networking

- Closing session
- Thematic workshops for all alumni
« All researchers face the challenge of building a strong research network, the challenge of setting up and managing a research team. The program PSRL is a unique opportunity to benefit from the experience of other researchers on how to develop a research network, on the importance of being mentored, on how to manage and set up a research team as well as on how to communicate about our research outputs. This is in my opinion more than a course programme as it constitutes a real think tank about how to professionally carry out his/her career in research. »

« PSRL courses highlight the importance of reflecting on your own career and provide essential tools to help making good decisions at the early stages of your scientific independence. I found this programme very useful when developing your research leadership. It gives you essential advice and tricks to ensure successful management of your research team, collaborations and research projects. It is also a great opportunity to meet peer scientists who share similar challenges, as well as more established personalities with valuable experience. »
Any questions?

Research Office

See the team

Transversal Trainings

Thérèse Dupont - therese.dupont@uliege.be
What is the ULiège PhD candidate’s environment?

- About 2000 PhD candidates

- 259 new PhD in 2018

- 55% male, 45% female

- 56.5% Belgian, 16% European, 27.5% non-European

- 29 Doctoral colleges

- 20 Fields of research